



## CONNECT-UA: LEADERSHIP SKILLS FOR YOUNG UKRAINIANS IN EXILE

30 April – 9 July 2024, every Tuesday 1700-1900 CET (1600-1800 BST)

Online

### Course outline

The Centre for International Learning and Leadership (CILL) is offering this leadership skills course for young people from Ukraine who have been displaced or affected by the war. The course is free of charge.

The course will include:

- Online workshops via Zoom
- Individual exercises in your free time
- Team challenges and community-based projects
- Final celebration and awards event

This is a non-formal programme in which the focus will be on the participants. It will be interactive, practical and reflective. You will be responsible for your own learning, which will be evaluated and accredited through collection of digital badges, leading to the award of a final certificate of achievement.

### Why join this course?

The purpose of the course is to give additional support and assistance to young people's educational, social and professional development. It will give you opportunities to explore your potential, enhance your skills, discover new interests, and engage in practical educational or social projects.

The course will help you to adapt to new situations and to build effective local and international networks. You will gain a stronger sense of purpose and clearer ideas about where you want to go in the future, how best to continue your education and how to find the right career. During the course, you will improve your creative, critical thinking, communication and teamwork skills. You will gain experience in leadership and problem-solving. You will improve your English. We hope you will also have fun.

Coming together with other young Ukrainians across Europe, who are in a similar situation as yourself, will give you an added sense of solidarity and support. This will make it easier for you to express your own ideas and find like-minded people with whom you can plan and implement future projects.

### Who can take part?

To join this course, you should be:

- Ukrainian national
- Aged between 16 and 20
- Currently living outside your country
- Proficient in English (minimum B2 level)
- Strongly motivated to gain new skills and experience
- Interested in social, educational and cultural issues

There are up to 30 places available on the course. Preference will be given to individuals with little or no previous experience of participating in similar international programmes. In order to foster diversity and to ensure equal access to the benefits of the course, we encourage the inclusion of participants facing fewer opportunities for any reason.

You will also need:

- enough free time to commit to all the course activities
- a reliable internet connection
- a quiet place to work without distractions

## Meet our Trainers Team

### ***Andrew Hadley - Director***

Andrew is responsible for strategic development, new initiatives, policy dialogue, and public relations. Most of his career has been in the field of cultural relations which is still his main interest.

### ***Olga Ambrosiewicz - Youth Engagement Manager***

Olga is responsible for engaging young people in our programmes and delivering activities. She has several years' experience of working with children and young people – both as a leader and a trainer.

### ***Zoia Polytsia - Projects Assistant***

Zoia is an Intern working on the development and implementation of projects related to Ukraine.

### ***Sarah Young - International Partnerships Manager***

Sarah is responsible for managing communications and relationships with partner organisations and project participants in the UK and overseas.

## Programme of activities

Preparatory session

- Short introductions by the CILL team and participants
- Overview of the course and what to expect
- Instructions for using online tools
- How you will record and measure your learning

Week 1

- Getting to know each other
- What you want to get from the course
- Learning agreements
- Thinking about yourself, the present and the future
- Inspiration and motivation

Week 2

- Exploring values
- Going beyond your comfort zone
- Your mind and your brain
- The importance of stories
- Social issues you care about

Week 3

- Life skills
- Practising creativity
- Truth and where to find it
- Your world view
- Stories of positive change

Week 4

- Critical thinking
- Challenging assumptions
- Intercultural skills
- Identifying and analysing problems
- Project teams

#### Week 5

- Leadership and change
- Collaboration and teamwork
- Social action
- Developing your project ideas
- Resilience and self-care

#### Week 6

- Leadership styles
- Digital film making
- Project skills 1
- Representing the voices of your community
- Project initiation

#### Week 7

- The meaning of life
- Project skills 2
- Leaders in your community
- Communication, presentation and public speaking
- Project implementation

#### Week 8

- Project implementation
- Support session

#### Week 9

- Project implementation
- Support session
- Building your networks

#### Week 10

- Project reports
- Showcase and awards event
- Personal reflection
- Where next in your leadership journey
- Course evaluation

Please note the timetable may change depending on the needs and progress of the participants.

## About project teams

For your community project, you will work in a team with other participants. If you live in the same area as other participants, we will encourage you to work in the same team. Otherwise you will be in a "virtual team", working on the same theme or activity in different places, but sharing experience and supporting each other online.

## How to apply

We are waiting for your applications through our form, which you can find [here](#) or via QR code.

If you have any questions, don't hesitate to contact us: [cilluk.projects@gmail.com](mailto:cilluk.projects@gmail.com)

